

(2014) SAVORY SELECTS

Senior's Name: _____

Sr Site: **Cincinnati Area Sr Services**

Client #: _____

Delivery Day: _____

Site's Phone # **(513) 721-4330**

Route: _____

Delivery Date: _____

Number of Meals: _____

Entrée - Beef

9128	BBQ Beef, Peas & Onions, Potato Wedges	
7041 NEW	Beef & Rice w/ Gravy, <i>Broccoli, Carrots</i>	
9001	Beef Vegetable Stew w/ Carrots, Red Skin Potatoes & Peas, Green Beans, Pineapple Dessert	
9064	Chili Spaghetti, Vegetable Medley	
9063	Country Fried Steak w/ Gravy, Potato Wedges, Green Beans	
9071	Hamburger Patty, Baked Beans, Broccoli	
9072	Meatloaf w/ Gravy, Mashed Potatoes, Carrots	
9102 NEW	Philly Sliced Beef w/ Peppers & Onions (for sandwich), <i>Potato</i> <i>Wedges, Mixed Vegetables</i>	
9029	Salisbury Steak w/ Gravy, Parslied Potatoes, Mixed Vegetables	
9035	Spaghetti & Meatballs w/ Marinara, Italian Vegetables, Spinach	
9302	Steak Hoagie w/ Gravy, Tater Nuggets, Stewed Tomatoes	
9088	Swiss Steak w/ Tomatoes, Onion, Pepper, O'Brien Potatoes	

Entrée - Chicken

9075	Baked Chicken w/ Herb Dressing, Gravy, Broccoli, Cauliflower	
9315	Chicken & Potato Casserole, Broccoli	
7022 NEW	Chicken Stew w/ Carrots, <i>Red Skin Potatoes, Peas,</i> <i>and Mixed Vegetables</i>	
9023	Chicken & Rice w/ Gravy, Broccoli, Carrots	
9049	Grilled Chicken w/ BBQ Sauce, Potato Wedges, Cheesy Broccoli	
7013 NEW	Pineapple Topped Chicken, <i>Peas, Sweet</i> <i>Potato Patties</i>	

Entrée - Pork

7005 NEW	Deli Ham (for sandwich), <i>Baked Beans, Broccoli</i>	
9094	Hawaiian Pineapple Ham, Sweet Potato Patties, Peas	
9003	Pork Cutlet w/ Gravy, Beets, Green Beans	

Entrée - Seafood

9033	Baked Lemon Pepper Fish w/ Rice, Vegetable Medley	
9030	Salmon Croquette, Butter Beans, Carrots	

Entrée - Turkey

9005	Roast Turkey w/ Gravy, Mashed Potatoes, Vegetable Medley	
9062	Turkey Ham & Beans, Mixed Vegetables	
9055 NEW	Smoked Turkey Sausage w/Sauerkraut, <i>Mashed Potatoes, Green</i> <i>Beans</i>	

Entrée - Vegetarian

9129 NEW	Asian Vegetables & Rice (contains mushrooms), <i>Peas, Fruit Dessert</i>	
9316	Cheese Lasagna w/ Marinara, Italian Vegetables, Corn	
9130 NEW	Macaroni & Cheese, <i>Stewed Tomatoes, Green</i> <i>Beans</i>	
9351 NEW	Cheddar Cheese Omelet <i>(c.f. eggs), Hash Browns,</i> <i>Peas & Onions, Fruit</i> <i>Dessert</i>	
9131 NEW	Spaghetti w/ Marinara, <i>Peas, Italian Vegetables</i>	

**Please complete
both sides**





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Fruit / Juice - 1 per meal

Apple Juice (100%)	
Applesauce	
Apricots (diced) NEW	
Cranberry Juice	
Fresh Apple	
Fresh Orange	
Fruit Cocktail	
Grape Juice (100%)	
Orange Juice (100%)	
Peaches (diced)	
Pineapple Juice (100%)	
Pineapple Tidbits	

Bread - 1 per week

100% Whole Wheat (½ loaf)	
Whole Grain White (½ loaf)	

Desserts / Snacks - 1 per meal

Animal Cookies NEW	
Chocolate Elf Cookies	
Chocolate Sponge Cake Square (uniced)	
Cinnamon Teddy Grahams	
Crispy Rice Bar	
Fruit & Grain Bar -Strawberry	
Goldfish Cheese Crackers	
Honey Nut Scooters (single serve cereal)	
Krisp Kreem Cookies	
Mini Pretzels	
Sponge Cake Square (uniced)	
Toasty-O's (single serve cereal) NEW	
White Cheddar Popcorn	

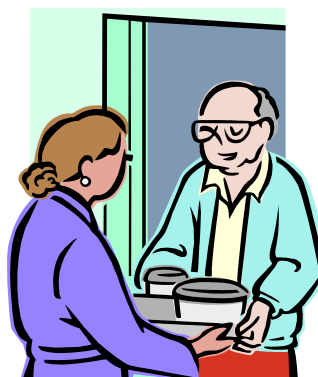
Condiments - 1 per meal

Margarine	
Mayonnaise	
Mustard	
Tartar Sauce	

Milk

Half Pints / 1 per Meal
Half Gallons / 1 per 7 meals

1% Milk (½ gallon)	
1% Milk (half pint)	
Skim Milk (½ gallon)	
Skim Milk (half pint)	



Please complete both sides